# Perennial Coaching On-Demand Course Managing Leadership's Expectations

Most managers cite their own boss as a primary reason that they feel overwhelmed in their current job. Yes, managing a team is challenging. Yes, it's a lot to supervise, direct and lead a group of people. But it's not the pressure from below that becomes too much; rather, it's the pressure from above.

Senior leaders often forget that just because an employee is a "rock star," doesn't mean they can do *everything, and all at once*. Got a new initiative? No problem – give it to Jane! Difficult department? Jane's got this! Wild idea bordering on fire drill? Call Jane!

If you're like most managers, you can relate a lot to Jane. She's got enough going on, and she doesn't need her boss making her days infinitely more difficult. And our guess is that you do, too. So, what's covered in this course?

#### **Course Overview:**

- Learn practical skills to get better at:
  - Setting boundaries with your boss without being labeled a "nay-sayer"
  - Managing up without sucking up
  - Effectively influencing leadership (or anyone!)
  - Changing your daily workload
- Complete the course on your own time:
  - 10 short (5-10 minute) videos, 2-3 released per week
  - 9 hands-on activities to put video lessons into real action
- Sessions lead to more questions? Get personalized add-on coaching.
  - Optional 25-minute 1:1 coaching sessions to dive deeper into any topic, if and when you need it. Current student rate of \$30.

# Who Can Benefit from This Course?

- Any high performer who is struggling with a demanding boss
- People managers from Vice President to first-time Team Lead
- Managers who aspire to an executive career, but feel burned out (or are worried they may burn out soon)

#### Enroll Now! Click here to purchase this course.

Got Questions? <u>Contact Perennial today</u>. We check our email. We'll get back to you... promise. Or find more solutions <u>here</u>.

# Who Should Skip This Course?

- People who are already comfortable setting and holding boundaries with superiors
- Leaders who consider them time management maestros... no help needed here!
- Anyone who is content to stay at their current level for the long-term
- Managers who are not often confronted by fire drills or new responsibilities

# How Much Does It Cost?

Early Registration (By 12/31/2022): \$49.95 Late Registration (After 1/1/2023): \$69.95

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# bic, if and when you need it. Current student rate of \$3

